

## FBC MEN'S 3-ON-3 BASKETBALL RULES & REGULATIONS

- 1.) A team roster shall be limited to four players.
- 2.) Teams must have a minimum of three players on the floor at the start of the game. Teams may continue/finish with a minimum of two players on the floor.
- 3.) All individuals participating in 3-on-3 basketball must wear a shirt of the same color. All participants must wear sneakers. No hats or jewelry allowed.
- 4.) Games are 10 minutes in length or first team to reach 15 points, whichever comes first. Winner of coin toss takes 1st possession.
- 5.) A coin flip prior to the game will determine first possession of the ball. Defense gets possession after a score (no make-it-take-it.)
- 6.) Alternating possession on all jump ball situations will be in effect.
- 7.) In the last minute of the game, the clock will be a running clock.
- 8.) Two time-outs are permitted per team, per game. If a game proceeds to overtime, each team shall receive one additional time-out, regardless of the number of overtimes.
- 9.) Time-outs shall be 20 seconds in duration. The clock will not be running during timeouts.
- 10.) On a change of possession, steal, rebound, etc., the defensive team must take the ball outside the 3-point arc to establish itself as the offense. Even on an air ball, the defense must take the ball outside the arc.
- 11.) SUBSTITUTIONS may be made after a basket, a foul shot or any stoppage of play or any other time an official beckons the player onto the court.
- 12.) The three second free throw lane rule will apply to all offensive players.
- 13.) After a score, foul, or out of bounds the offense will begin possession at the top of the key.
- 14.) The game shall be played using three point line as "check line". The ball shall be returned to a point behind the check line after each possession as follows.
  - A. After a made basket and all dead ball situations, the ball shall be placed in play from the top of the key. The ball must be advanced into play by means of a pass to a teammate. The teammate receiving the pass may be in front of or behind the check line.
  - B. After a turnover or defensive rebound, the ball may be returned to any point behind the check line. The player returning the ball behind the check line shall be in possession of the ball with both feet behind the line. The penalty for failure to be in possession of the ball behind the line may maintain possession and attempt to score.

15.) There will be one official and one scorekeeper on each game. Players will not foul out of contest. However, after the seventh team foul the opposing team will be rewarded ONE point and possession. The referee may disqualify a player guilty of excessive, flagrant, or intentional fouling.

16.) ALL INTENTIONAL fouls will result in one point and possession for the opposing team.

Ejection of the player may follow.

17.) There will be no free throws in 3-on-3 basketball. The offended team gets possession of the ball at the top of the key.

18.) Baskets count as one point or two points. For the three-point attempt, the shooter must establish position completely outside the three-point line during the shot.

19.) If a game ends in a tie after regulation time, there will be a two minute overtime period. Possession will be determined by a coin toss. Ties at the end of any overtime will end in successive one minute periods until the tie has been broken. Possession will alternate for each overtime period.

20.) Slow Play: there will be no shot clock. However, it is a violation to “stall” or attempt to “freeze” the ball during play. Teams are expected to develop their own pace of play and maintain this throughout the contest. Holding the ball or stalling will result in a turnover to the opposition at the discretion of the referee.

21.) Badgering officials will result in immediate game disqualification. A WARNING IS NOT NECESSARY.

22.) This is a church sponsored event. Let’s all show good sportsmanship. Play hard and have an enjoyable time.

23.) No taunting, cursing, baiting, trash talking, etc. those among other violations will result in a technical foul and immediate dismissal from the premises.

24.) Technical foul results in player disqualification. A WARNING IS NOT NECESSARY.

**For questions please contact Marcus Freeman at 434-960-6082**

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